



## DATA COLLECTION FORM

Please answer each item by placing a check in the appropriate space. **Use one form per birth.** Please make additional copies of this form for future use. Please mail the completed form to: PALS Doulas, 2524 16<sup>th</sup> Ave. S., Suite 207B, Seattle, WA 98144.

Doula's Name: \_\_\_\_\_

Doula's Labor Hours: \_\_\_\_\_ Date: \_\_\_\_\_

Mother's Age: \_\_\_\_\_ Mother's Initials: \_\_\_\_\_

Pregnancy #: \_\_\_\_\_ Birth #: \_\_\_\_\_

### REFERRAL SOURCE and PAYMENT:

- PALS Doulas
- Private Pay
- Other

### ETHNICITY:

- Asian
- African American
- Caucasian
- Hispanic
- Native American
- Other: \_\_\_\_\_

### ATTENDED BY:

- Married, partner present/not present
- Single, accompanied, male or female
- Single, unaccompanied

### PLACE OF BIRTH:

- Home
- Hospital
- Birth Center

### CAREGIVER:

- Midwife
- OB Doctor
- Combination
- Family Practice Doctor

### PREGNANCY:

- Normal
- Gestational Diabetes
- Pregnancy Induced Hypertension (PIH)
- Post Date > 42 weeks
- Premature < 37 weeks
- Other: \_\_\_\_\_

### CHILDBIRTH EDUCATION CLASSES:

- Yes  No

### VAGINAL BIRTH AFTER C-SECTION:

- Successful  Attempted

LABOR LENGTH: \_\_\_\_\_

### 1ST STAGE INTERVENTIONS:

- Induction Method \_\_\_\_\_
- Artificial Rupture of Membranes \_\_\_\_\_cm
- IV or Heplock
- Mom restricted to bed
- Pitocin @ \_\_\_\_\_cm
- Monitoring: EFM\_\_\_ IUPC\_\_\_FSE\_\_\_
- Other: \_\_\_\_\_

### LABOR COMPLICATIONS: None

- Meconium present
- Breech
- Hemorrhage
- Persistent occiput posterior
- Postpartum hemorrhage
- Retained placenta
- Fetal distress
- Lacerations
- Episiotomy

### MEDICATIONS: None

- Analgesia: \_\_\_\_\_ @ \_\_\_\_\_cm
- Epidural: \_\_\_\_\_ @ \_\_\_\_\_cm
- Other: \_\_\_\_\_

### METHOD OF BIRTH:

- Spontaneous vaginal
- Water birth
- Forceps or Vacuum
- Planned cesarean section
- Unexpected cesarean section

### COMFORT MEASURES:

- Patterned breathing
- Massage
- Acupressure
- Hydrotherapy
- Verbal encouragement
- Guided imagery/Visualization
- Birth tools: ball, cold/hot packs, etc
- Other: \_\_\_\_\_

### BABY'S OUTCOME: Normal

- Birth weight: \_\_\_\_\_  Premature
- Apgars: \_\_\_\_\_  Still birth
- Breastfed: \_\_\_\_\_  NICU
- Other: \_\_\_\_\_